



# MAY 2021 MID-HS BREAKFAST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	<b>4</b> SCRAMBLED EGGS, SAUSAGE HASHBROWNS & TOAST FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	<b>5</b> STRAWBERRY COFFEE BREAKFAST CAKE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	<b>6</b> BREAKFAST SANDWICH FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	<b>7</b> BAGEL W/CREAM CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
<b>10</b> WAFFLE STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	<b>11</b> SCRAMBLED EGGS, SAUSAGE HASHBROWNS & TOAST FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	<b>12</b> FRESH BAKED CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	<b>13</b> BREAKFAST BURRITO WITH SAUSAGE & CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	<b>14</b> YOGURT PARFAITS WITH FRUIT & GRANOLA FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
<b>17</b> GRIDDLE CAKE SANDWICH FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	<b>18</b> <b><u>EARLY RELEASE TODAY!</u></b> BAGEL W/CREAM CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	<b>19</b> BREAKFAST SANDWICH WITH SAUSAGE, EGG & CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	<b>20</b> CHEESE OMELETTE WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	<b>21</b> FRESH BAKED CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
<b>24</b> PANCAKE & SAUSAGE ON A STICK WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	<b>25</b> WG BLUEBERRY MUFFIN FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	<b>26</b> BREAKFAST SANDWICH WITH HAM, EGG & CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	<b>27</b> BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	<b>28</b> YOGURT PARFAITS WITH FRUIT & GRANOLA FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
<b>31</b> <b><u>NO SCHOOL TODAY!</u></b> <b><u>MEMORIAL DAY!</u></b> CEREAL & TOAST				CEREAL & TOAST <b><u>YOGURT/FRUIT SMOOTHIES</u></b> <b><u>YOGURT/FRUIT PARFAITS</u></b> <b><u>GRAB N GO</u></b> <b><u>OFFERED DAILY</u></b> CEREAL & TOAST

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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