



# MARCH 2021 MID-HS BREAKFAST



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>1</b>	YOGURT, GRANOLA AND FRUIT PARFAIT BAR! FRUIT, JUICE AND MILK CHOICES	<b>2</b>	SCRAMBLED EGGS HOME FRIES & TOAST FRUIT, JUICE AND MILK CHOICES	<b>3</b>	BREAKFAST SANDWICH WITH HAM, EGGS & CHEESE FRUIT, JUICE AND MILK CHOICES	<b>4</b>	CHOCOLATE CHIP SHEETPAN PANCAKES! FRUIT, JUICE AND MILK CHOICES	<b>5</b>	ASSORTED WG BAGELS WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
<b>8</b>	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	<b>9</b>	<u>EARLY RELEASE DAY!</u> JUMBO BLUEBERRY MUFFINS FRUIT, JUICE AND MILK CHOICES	<b>10</b>	CHEESE OMELET WITH SAUSAGE LINKS & TOAST FRUIT, JUICE AND MILK CHOICES	<b>11</b>	WAFFLE STICKS W/ STRAWBERRY TOPPING AND WHIPPED CREAM! FRUIT, JUICE AND MILK CHOICES	<b>12</b>	BREAKFAST SANDWICH HAM, EGGS & CHEESE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
<b>15</b>	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	<b>16</b>	CHEESE OMELET WITH SAUSAGE LINKS & TOAST FRUIT, JUICE AND MILK CHOICES	<b>17</b>	<u>ST. PATRICK'S DAY!</u> WG CHOC CHIP MUFFIN FRUIT, JUICE AND MILK CHOICES	<b>18</b>	WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	<b>19</b>	<u>NO SCHOOL TODAY</u> <u>TEACHER INSERVICE DAY!</u> 
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
<b>22</b>	BREAKFAST SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES	<b>23</b>	WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	<b>24</b>	HAM, EGG & CHEESE BREAKFAST BURRITO FRUIT, JUICE AND MILK CHOICES	<b>25</b>	WG APPLESAUCE MUFFIN FRUIT, JUICE AND MILK CHOICES	<b>26</b>	FRESH BAKED CINNAMON ROLL WITH GLAZE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
<b>29</b>	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	<b>30</b>	YOGURT, GRANOLA AND FRUIT PARFAIT BAR! FRUIT, JUICE AND MILK CHOICES	<b>31</b>	WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	<b>SMOOTHIES, PARFAITS &amp; GRAB-N-GO OFFERED DAILY!</b>  <b>NATIONAL SCHOOL BREAKFAST WEEK! March 8-12th!</b>			
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST					

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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