




JANUARY 2021 MID-HS BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
CEREAL & TOAST	<u>YOGURT PARFAITS</u> <u>YOGURT/FRUIT SMOOTHIES</u> <u>GRAB N GO</u> <u>OFFERED DAILY</u>	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
4	5	6	7	8
WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	CROISSANT SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES	SCRAMBLED EGGS WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES	CHOC CHIP SHEET PAN PANCAKES WITH SYRUP FRUIT, JUICE AND MILK CHOICES	WHOLE GRAIN BLUEBERRY MUFFINS FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
11	12	13	14	15
FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	YOGURT, FRUIT & GRANOLA PARFAIT FRUIT, JUICE AND MILK CHOICES	WG CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
18	19	20	21	22
<u>NO SCHOOL TODAY!</u> <u>MARTIN LUTHER</u> <u>KING, JR. DAY!</u>	<u>NO SCHOOL TODAY!</u> <u>TEACHER INSERVICE</u> <u>DAY!</u>	BREAKFAST PIZZA WITH SAUSAGE, EGG & TOAST FRUIT, JUICE AND MILK CHOICES	CROISSANT SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES	WG CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
25	26	27	28	29
WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	SCRAMBLED EGGS, SAUSAGE AND TOAST FRUIT, JUICE AND MILK CHOICES	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	YOGURT, FRUIT & GRANOLA PARFAIT FRUIT, JUICE AND MILK CHOICES	BREAKFAST PIZZA WITH SAUSAGE, EGG & TOAST FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER!