

DECEMBER 2020 MID-HS BREAKFAST

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		1 <u>EARLY RELEASE TODAY!</u>	2		3		4		
<u>YOGURT FRUIT PARFAITS</u> <u>YOGURT FRUIT SMOOTHIES</u> <u>GRAB N GO</u> <u>OFFERED DAILY</u>		WHOLE GRAIN BAGEL WITH CR. CHEESE FRUIT, JUICE AND MILK CHOICES		CHEESE OMELETTE WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES		BREAKFAST PIZZA WITH BACON, EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES		WG CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
7	8		9		10		11		
WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	SCRAMBLED EGGS, SAUSAGE AND TOAST FRUIT, JUICE AND MILK CHOICES		BREAKFAST SANDWICH HAM, EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES		BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES		BLUEBERRY MUFFIN FRUIT, JUICE AND MILK CHOICES		
CEREAL & TOAST	CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		
14	15		16		17		18		
FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	CHEESE OMELETTE WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES		BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES		YOGURT, FRUIT & GRANOLA PARFAIT FRUIT, JUICE AND MILK CHOICES		ASSORTED BAGELS WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES		
CEREAL & TOAST	CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		
21	22		23		24		25		
BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	SCRAMBLED EGGS, SAUSAGE AND TOAST FRUIT, JUICE AND MILK CHOICES		<u>NO SCHOOL TODAY!</u>		<u>NO SCHOOL TODAY!</u>		<u>NO SCHOOL TODAY!</u>		
CEREAL & TOAST	CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		
28	29		30		21		NO SCHOOL TODAY!		
<u>NO SCHOOL TODAY!</u>	<u>NO SCHOOL TODAY!</u>		<u>NO SCHOOL TODAY!</u>		<u>NO SCHOOL TODAY!</u>		<u>NO SCHOOL TODAY!</u>		
									

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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