





# OCTOBER 2020 MID-HS LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><b><u>EVERYONE 18 YRS AND UNDER EATS FREE!</u></b>  <b><u>JOIN US FOR BREAKFAST AND LUNCH!</u></b></p>		<p><b>1</b> CHEESEBURGER SUB            TOSSED GARDEN SALAD            PINEAPPLE CHUNKS              MILK CHOICES</p>	<p><b>2</b> PIZZA SLICES            WITH ASSORTED TOPPING            ASSORTED VEGGIES &amp; DIP            ASSORTED APPLES            MILK CHOICES</p>
<p><b>5</b> SHEPHERD'S PIE            WG DINNER ROLL            COLESLAW            FRESH FRUIT            MILK CHOICES</p>	<p><b>6</b> CHEESY CHICKEN NACHOS            SWEET YELLOW CORN            TOSSED GARDEN SALAD            MANDARIN ORANGES            MILK CHOICES</p>	<p><b>7</b> CHICKEN BURGER            SLICED CUCUMBERS            WITH RANCH DIP            FRUIT CUP            MILK CHOICES</p>	<p><b>8</b> GARLIC DIPPING STICKS            WITH RED SAUCE            ASSORTED VEGETABLES            FRUIT CHOICES            MILK CHOICES</p>	<p><b>9</b> <b><u>NO SCHOOL TODAY!</u></b></p>
<p><b>12</b> <b><u>NO SCHOOL TODAY!</u></b>   <b><u>HOLIDAY!</u></b></p>	<p><b>13</b> HOT HAM AND CHEESE            CROISSANT, CARROT STICKS            AND BROCCOLI WITH DIP            PINEAPPLE CHUNKS            MILK CHOICES</p>	<p><b>14</b> BBQ PULLED PORK SUB            WITH CHEESE            COLESLAW            APPLE CRISP            MILK CHOICES</p>	<p><b>15</b> CHICKEN NUGGETS &amp;            SWEET POTATO FRIES            DINNER ROLL            GREEN BEANS &amp; PEACHES            MILK CHOICES</p>	<p><b>16</b> PERSONAL PAN PIZZA            W/TOPPINGS, VEGGIES &amp; DIP            CAESAR SALAD            FRUIT CHOICES            MILK CHOICES</p>
<p><b>19</b> TACO'S            WITH LETTUCE &amp; TOMATO            MEXICAN RICE, CORN            PEARS            MILK CHOICES</p>	<p><b>20</b> BBQ CHICKEN SUB            TOSSED GARDEN SALAD            GREEN APPLES            MILK CHOICES</p>	<p><b>21</b> RODEO BURGERS            TATER TOTS            STEAMED BROCCOLI            MANDARIN ORANGES            MILK CHOICES</p>	<p><b>22</b> AMERICAN CHOP SUEY            GARLIC ROLL            GREEN BEANS            APPLESAUCE            MILK CHOICES</p>	<p><b>23</b> GARLIC DIPPING STICKS            WITH MARINARA            TOSSED GARDEN SALAD            FRUIT CHOICES            MILK CHOICES</p>
<p><b>26</b> POPCORN CHICKEN            MASHED POTATOES            ASSORTED VEGGIES W/DIP            ASSORTED FRUITS            MILK CHOICES</p>	<p><b>26</b> BRUNCH FOR LUNCH!            PANCAKE &amp; SAUSAGE            ON A STICK            CARROT STICKS, PINEAPPLE            MILK CHOICES</p>	<p><b>28</b> CORN CHOWDER            WITH GRILLED CHEESE            VEGGIE STICKS            FRUIT CUP            MILK CHOICES</p>	<p><b>29</b> LASAGNA            GARLIC DINNER ROLL            TOSSED GARDEN SALAD            ORANGE WEDGES            MILK CHOICES</p>	<p><b>30</b> PIZZA SLICES            CAESAR SALAD            FRESH FRUIT  <b><u>HALLOWEEN TREAT!</u></b>            MILK CHOICES</p>

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER!**