




# JANUARY 2020 MID-HIGH SCHOOL LUNCH



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b><u>DELI SANDWICH BAR</u></b> <b><u>EXPRESS SALADS</u></b> <b><u>OFFERED DAILY!</u></b>				<b>1</b> <b><u>NO SCHOOL TODAY!</u></b>  <b><u>NEW YEARS DAY!</u></b>		<b>2</b> CHICKEN BURGERS FRENCH FRIES PICKLED BEETS, BROCCOLI FRESH & CANNED FRUITS MILK CHOICES		<b>3</b> PIZZA SQUARES WITH ASSORTED TOPPINGS BAKED BEANS, CELERY STICKS CARROT STICKS, FRUIT MILK CHOICES	
<b>6</b> CHICKEN NACHOS! CORN FRUIT AND VEGGIE BAR BLUEBERRY CRISP MILK CHOICES		<b>7</b> CORN CHOWDER GRILLED CHEESE SANDWICH RED GRAPES, BROCCOLI FRUIT & VEGGIE BAR MILK CHOICES		<b>8</b> TURKEY ITALIANS GARDEN VEGGIE BAR WITH CARROT STICKS ASSORTED FRUIT & VEGGIES MILK CHOICES		<b>9</b> BEEF OR CHICKEN TACO MEXICAN RICE LETTUCE, TOMATO, CHEESE FRUIT & VEG. BAR MILK CHOICES		<b>10</b> PIZZA SLICES BBQ BAKED BEANS GARDEN SALAD, PINEAPPLE FRUIT & VEG. BAR MILK CHOICES	
<b>13</b> ROAST PORK WITH GRAVY, MASHED POTATO PEAS, MIXED FRUIT GARDEN SALAD BAR MILK CHOICES		<b>14</b> <b><u>BRUNCH FOR LUNCH!</u></b> PANCAKES & SAUSAGE SYRUP, APPLESAUCE ASSORTED FRUIT & VEGGIES MILK CHOICES		<b>15</b> CHEESEBURGERS COLESLAW, CORN GARDEN BAR WITH FRUIT & VEGGIE CHOICES MILK CHOICES		<b>16</b> BBQ CHICKEN SUBS BBQ BAKED BEANS BROCCOLI, PEACHES FRUIT & VEG. BAR MILK CHOICES		<b>17</b> GARLIC DIPPING STICKS WITH DIPPING SAUCE CAESAR SALAD FRUIT & VEG. BAR MILK CHOICES	
<b>20</b> <b><u>NO SCHOOL TODAY!</u></b>  <b><u>MARTIN LUTHER KING, JR.</u></b> <b><u>DAY!</u></b>		<b>21</b> <b><u>NO SCHOOL TODAY!</u></b>  <b><u>TEACHER INSERVICE DAY!</u></b>		<b>22</b> SPAGHETTI WITH MEAT SAUCE, GARLIC ROLL BABY CARROTS WITH DIP, FRUIT AND VEGGIE BAR MILK CHOICES		<b>23</b> TURKEY & GRAVY OVER A BISCUIT SQUASH, BROCCOLI FRUIT AND VEGGIE BAR MILK CHOICES		<b>24</b> BIG DADDY'S PIZZA WITH ASSORTED TOPPINGS BAKED BEANS, CELERY STICKS FRUIT & VEGGIE BAR MILK CHOICES	
<b>27</b> SHEPHERD'S PIE WG DINNER ROLL COLESLAW, PICKLED BEETS ASSORTED FRUITS MILK CHOICES		<b>28</b> HAM & CHEESE CROISSANT, TATER TOTS WITH VEGGIE STICKS & DIP FRUIT MILK CHOICES		<b>29</b> TERIYAKI CHICKEN STEAMED RICE, VEGETABLE MEDLEY, FRUIT CHOICES MILK CHOICES		<b>30</b> RODEO BURGER BAKED BEANS, GREEN BEANS CARROT & CELERY STICKS FRUIT CHOICE MILK CHOICES		<b>31</b> GARLIC DIPPING STICKS FRESH VEGETABLE MEDLEY CORN FRUIT CHOICES MILK CHOICES	

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or [bbonnell@rsu18.org](mailto:bbonnell@rsu18.org)

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