






FEBRUARY 2020 GRADE 6-12 BREAKFAST

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
									
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
3	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	4	YOGURT, FRUIT & GRANOLA PARFAIT FRUIT, JUICE AND MILK CHOICES	5	SCRAMBLED EGGS, HAM, AND TOAST FRUIT, JUICE AND MILK CHOICES	6	CROISSANT SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES	7	WHOLE GRAIN BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
10	WG PANCAKES WITH SYRUP FRUIT, JUICE AND MILK CHOICES	11	WHOLE GRAIN BLUEBERRY MUFFINS FRUIT, JUICE AND MILK CHOICES	12	SCRAMBLED EGGS, HAM, AND TOAST FRUIT, JUICE AND MILK CHOICES	13	WG CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES	14	<u>VALENTINES DAY!</u> WHOLE GRAIN BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
17	<u>NO SCHOOL TODAY!</u> <u>WINTER VACATION</u>	18	<u>NO SCHOOL TODAY!</u> <u>WINTER VACATION</u>	19	<u>NO SCHOOL TODAY!</u> <u>WINTER VACATION</u>	20	<u>NO SCHOOL TODAY!</u> <u>WINTER VACATION</u>	21	<u>NO SCHOOL TODAY!</u> <u>WINTER VACATION</u>
									
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
24	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	25	YOGURT, FRUIT & GRANOLA PARFAIT FRUIT, JUICE AND MILK CHOICES	26	SCRAMBLED EGGS, HAM, AND TOAST FRUIT, JUICE AND MILK CHOICES	27	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	28	WHOLE GRAIN BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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