

# Erskine Area Middle School

## Wrestling



Pine Tree Wrestling League



**Grades 5-8 Boys & Girls Welcome**  
**Season Starts February 10, 2020**

Practices will be held at Erskine Academy  
In the multi-purpose room 5:30-6:45

### **Communities**

**Chelsea, China, Jefferson, Palermo, Somerville,  
Whitefield, Windsor, Vassalboro**

*Focus will be on the fundamentals of wrestling while the student athlete  
Learns skills to improve endurance, confidence, flexibility, strength  
Self-discipline, persistence, speed, agility and*

**SPORTSMANSHIP**

**Registration FEE \$40 (includes t-shirt)**

More Information or Questions contact  
Coach Rick Hussey call or text 207-649-1385

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Facebook info, join Erskine Wrestling Page  
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