






NOVEMBER 2019 MMS-MHS LUNCH

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				<p><u>DELI SANDWICH BAR</u> <u>EXPRESS SALADS</u> <u>OFFERED DAILY!</u></p>				<p>1 GARLIC DIPPING STICKS WITH RED SAUCE BAKED BEANS, CELERY STICKS BROCCOLI BUDS, FRUIT MILK CHOICES</p>	
<p>4 CHICKEN NACHOS! MEXICAN RICE, CORN, FRUIT FRUIT AND VEGGIE BAR BLUEBERRY CRISP MILK CHOICES</p>		<p>5 CORN CHOWDER GRILLED CHEESE SANDWICH RED GRAPES, BROCCOLI FRUIT & VEGGUE BAR MILK CHOICES</p>		<p>6 TURKEY ITALIANS GARDEN VEGGIE BAR WITH CARROT STICKS ASSORTED FRUIT & VEGGIES MILK CHOICES</p>		<p>7 PIZZA SLICES BBQ BAKED BEANS GARDEN SALAD, PINEAPPLE FRUIT & VEG. BAR MILK CHOICES</p>		<p>8 <u>NO SCHOOL TODAY!</u> <u>TEACHER INSERVICE!</u></p>	
<p>11 <u>VETERAN'S DAY!</u> <u>NO SCHOOL TODAY!</u></p>		<p>12 <u>BRUNCH FOR LUNCH!</u> PANCAKES & SAUSAGE SYRUP, APPLESAUCE ASSORTED FRUIT & VEGGIES MILK CHOICES</p>		<p>13 SOFT SHELLED TACOS RED BEANS & RICE CORN FRUIT & VEGGIE CHOICES MILK CHOICES</p>		<p>14 PULLED PORK SUBS WITH SWEET POTATO FRIES BROCCOLI, PEACHES FRUIT & VEG. BAR MILK CHOICES</p>		<p>15 GARLIC DIPPING STICKS WITH DIPPING SAUCE CAESAR SALAD FRUIT & VEG. BAR MILK CHOICES</p>	
<p>18 CHICKEN BURGERS PICKLED BEETS, BROCCOLI WITH RANCH DIP FRESH & CANNED FRUITS MILK CHOICES</p>		<p>19 TOMATO SOUP WITH GRILLED CHEESE SANDWICH MANDARIN ORANGES FRUIT & VEGGIE CHOICES MILK CHOICES</p>		<p>20 THANKSGIVING DINNER WITH ALL THE TRIMMINGS STUFFING, CRANBERRY SALAD BAR, SHERBERT CUPS MILK CHOICES</p>		<p>21 SPAGHETTI WITH MEAT SAUCE, GARILC ROLL SALAD AND PEAS FRUIT AND VEGGIE BAR MILK CHOICES</p>		<p>22 BIG DADDY'S PIZZA WITH ASSORTED TOPPINGS BAKED BEANS, CELERY STICKS FRUIT & VEGGIE BAR MILK CHOICES</p>	
<p>25 SHEPHERD'S PIE WG DINNER ROLL COLESLAW, PICKLED BEETS ASSORTED FRUITS MILK CHOICES</p>		<p>26 CHICKEN DIPPERS OVER STEAMED RICE WHOLE GRAIN ROLL FRUIT & VEGGIE BAR MILK CHOICES</p>		<p>27 <u>NO SCHOOL!</u> </p>		<p>28 <u>NO SCHOOL!</u> </p>		<p>29 <u>NO SCHOOL!</u> </p>	

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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