APRIL 2019 MIDDLE & HIGH SCHOOL BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
PANCAKE & SAUSAGE	BREAKFAST SANDWICH	FRENCH TOAST STICKS	BREAKFAST BURRITO	BAGEL W/CREAM CHEESE
ON A STICK	FRUIT, JUICE AND	WITH SYRUP	FRUIT, JUICE AND	FRUIT, JUICE AND
FRUIT, JUICE AND	MILK CHOICES	FRUIT, JUICE AND	MILK CHOICES	MILK CHOICES
MILK CHOICES		MILK CHOICES		
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
8	9	10	11	12 NO SCHOOL TODAY
FRENCH TOAST STICKS	SCRAMBLED EGGS, SAUSAGE	BREAKFAST SANDWICH WITH	CHEESE OMELET WITH	
WITH SYRUP	HOME FRIES & TOAST	HAM, EGGS & CHEESE	SAUSAGE PATTY & TOAST	
FRUIT, JUICE AND	FRUIT, JUICE AND	FRUIT, JUICE AND	FRUIT, JUICE AND	
MILK CHOICES	MILK CHOICES	MILK CHOICES	MILK CHOICES	
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	
22	23	24	25	26
WAFFLE STICKS	BAGEL WITH CREAM CHEESE	BREAKFAST SANDWICH WITH	BREAKFAST PIZZA	FRESH BAKED CINNAMON
WITH SYRUP	FRUIT, JUICE AND	HAM, EGG & CHEESE	WITH SAUSAGE TOPPING	ROLL WITH ICING
FRUIT, JUICE AND	MILK CHOICES	FRUIT, JUICE AND	FRUIT, JUICE AND	FRUIT, JUICE AND
MILK CHOICES	WILK CHOICES	MILK CHOICES	MILK CHOICES	MILK CHOICES
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
29	30 EARLY RELEASE DAY!	J 0		
FRENCH TOAST STICKS	WG CHOCOLATE CHIP			FRUIT SMOOTHIES,
WITH SYRUP	MUFFIN			YOGURT PARFAITS
FRUIT, JUICE AND	FRUIT, JUICE AND			GRAB N' GO BREAKFAST
MILK CHOICES	MILK CHOICES			SERVED DAILY!
CEREAL & TOAST	CEREAL & TOAST			
QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org				
THIS INICITATION IS AN EQUAL OPPORTUNITY PROVIDED!				

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