

FEBRUARY 2019 JR & SR HIGH BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>FRUIT & YOGURT SMOOTHIES, PARFAITS WITH FRUIT & GRANOLA GRAB N'GO BREAKFAST AVAILABLE DAILY!</u></p>	<h2 style="color: #e91e63;">Happy Valentines Day</h2>			<p>1 BREAKFAST SANDWICH W/HAM, EGG & CHEESE FRUIT, JUICE AND MILK CHOICES</p>
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
<p>4 WG WAFFLE STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES</p>	<p>5 APPLESAUCE MUFFINS FRUIT, JUICE AND MILK CHOICES</p>	<p>6 CHEESE OMELETTE WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES</p>	<p>7 BREAKFAST PIZZA WITH BACON, EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES</p>	<p>8 WARM CINNAMON ROLL FRUIT, JUICE AND MILK CHOICES</p>
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
<p>11 BREAKFAST SANDWICH WITH EGG, HAM & CHEESE FRUIT, JUICE AND MILK CHOICES</p>	<p>12 BREAKFAST BURRITO WITH EGG, HAM AND CHEESE FRUIT, JUICE AND MILK CHOICES</p>	<p>13 BLUEBERRY MUFFIN FRUIT, JUICE AND MILK CHOICES</p>	<p>14 CHEESY EGGS AND HAM, TOAST FRUIT, JUICE AND MILK CHOICES</p>	<p>15 BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES</p>
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
<p>18 <u>NO SCHOOL!</u></p> <div style="text-align: center;">  </div>	<p>18 <u>NO SCHOOL!</u></p> <div style="text-align: center;">  </div>	<p>20 <u>NO SCHOOL!</u></p> <div style="text-align: center;">  </div>	<p>21 <u>NO SCHOOL!</u></p> <div style="text-align: center;">  </div>	<p>22 <u>NO SCHOOL!</u></p> <div style="text-align: center;">  </div>
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
<p>25 WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES</p>	<p>26 SCRAMBLED EGGS, SAUSAGE AND TOAST FRUIT, JUICE AND MILK CHOICES</p>	<p>27 BREAKFAST PIZZA WITH BACON, EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES</p>	<p>28 BREAKFAST SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES</p>	
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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