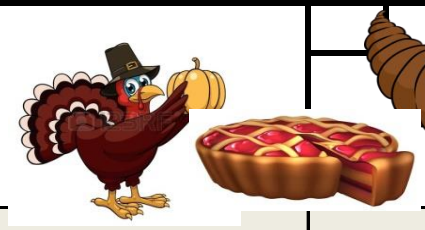
NOVEMBER 2018 MID-HS LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		***DELI SANDWICH BAR*** ***EXPRESS SALADS*** ***OFFERED DAILY!*** ***OFFERED DAILY!***	**1** CHICKEN NUGGETS & FRIES, WHOLE GRAIN ROLL COLESLAW, PEARS & APPLESAUCE. MILK CHOICES	**2** GARLIC DIPPING STICKS WITH RED SAUCE BAKED BEANS, CELERY STICKS BROCCOLI BUDS, FRUIT MILK CHOICES
5 CHICKEN NACHOS! MEXICAN RICE, CORN, FRUIT FRUIT AND VEGGIE BAR BLUEBERRY CRISP MILK CHOICES	**6** CORN CHOWDER TURKEY SANDWICH RED GRAPES, BROCCOLI FRUIT & VEGGUE BAR MILK CHOICES	**7** PIZZA SLICES WITH ASSORTED TOPPINGS CARROT STICKS ASSORTED FRUIT & VEGGIES MILK CHOICES	**8** GRILLED CHICKEN ON A BUN, BBQ BAKED BEANS GARDEN SALAD, PINEAPPLE FRUIT & VEG. BAR MILK CHOICES	**9** ***NO SCHOOL TODAY!*** ***TEACHER INSERVICE!***
12 ***VETERAN'S DAY!*** ***NO SCHOOL TODAY!***	**13** TACO BOATS RED BEANS & RICE CORN FRUIT & VEGGIE CHOICES MILK CHOICES	**14** ***BRUNCH FOR LUNCH!*** FR. TOAST STICKS, SAUSAGE SYRUP, APPLESAUCE ASSORTED FRUIT & VEGGIES MILK CHOICES	**15** GARLIC DIPPING STICKS WITH DIPPING SAUCE CAESAR SALAD FRUIT & VEG. BAR MILK CHOICES	**16** THANKSGIVING DINNER WITH ALL THE TRIMMINGS STUFFING, CRANBERRY SALAD BAR, SHERBERT CUPS MILK CHOICES
19 CHICKEN BURGERS PICKLED BEETS, BROCCOLI WITH RANCH DIP FRESH & CANNED FRUITS MILK CHOICES	**20** TOMATO SOUP WITH GRILLED CHEESE SANDWICH MANDARIN ORANGES FRUIT & VEGGIE CHOICES MILK CHOICES	**21** ***NO SCHOOL!*** 	**22** ***NO SCHOOL!*** 	**23** ***NO SCHOOL!***
26 SPAGHETTI WITH MEAT SAUCE, GARILC ROLL SALAD AND PEAS FRUIT AND VEGGIE BAR MILK CHOICES	**27** BBQ PULLED PORK SUB TOSSED GARDEN SALAD VEGGIE STICKS ASSORTED FRUITS MILK CHOICES	**28** CHICKEN DIPPERS GARLIC MASHED POTATO WHOLE GRAIN ROLL FRUIT & VEGGIE BAR MILK CHOICES	**29** ROTINI MAC & CHEESE WITH A HOT DOG BROCCOLI, PEACHES FRUIT & VEG. BAR MILK CHOICES	**30** BIG DADDY'S PIZZA WITH ASSORTED TOPPINGS BAKED BEANS, CELERY STICKS FRUIT & VEGGIE BAR MILK CHOICES

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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